

Delaware County

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Community Health Needs Assessment Snapshot

Promote Healthy Behaviors

Problems/Needs:

- Binge Drinking
- Lack of healthy eating contributing to obesity
- Low participation in RMC prenatal classes
- Need to increase number of breastfed babies

Prevent Injuries

Problems/Needs:

- Amount of distracted driving leading to injury
- Binge Drinking
- Suicide Rate

Protect Against Environmental Hazards

Problems/Needs:

- Open Dumping
- Increase in numbers of contaminated wells

Prevent Epidemics and the Spread of Disease

Problems/Needs:

- Decrease in school nursing coverage
- Increase in presence of escherichia coli (e.coli) in private wells, as well as diagnosis of e.coli cases

Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

- Lack of preparedness for sheltering
- Do not have a robust emergency notification system

Strengthen the Public Health Infrastructure

Problems/Needs:

- Shortage of dentists

Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Regional Medical Center will increase participation of first time Moms in prenatal classes from <48% to greater or equal to 60% over the next two years. (12/2012)	Provide reminder cards or phone calls	LeAnn Fenton - RMC OB Department	6/2011
	Provide incentives through a 'Storks Nest' type project	Delaware County Public Health, Parents As Teachers, Operation New View	6/2012
	Research different venues for prenatal classes such as web-based or taped sessions.	LeAnn Fenton - RMC OB Department	12/2012
	Develop a process for Regional Family Health Clinic, RMC Obstetric Department, and Regional Medical Center pre-registration to coordinate the patient's OB check-up to include each of these services in an efficient manner for the patient.	RMC OB Department	7/2012

Goal	Strategies	Who is responsible?	When? (Timeline)
Regional Medical Center will increase the number of newborn breastfed babies delivered at RMC from 70% to 75% by 6/30/2012.	Provide outpatient obstetric education support for Moms in Regional Medical Center and Regional Family Health system	LeAnn Fenton, RMC OB Department	2010 - Have already started.
	Provide follow-up calls to all Moms who deliver at RMC within 2 weeks of hospital discharge and track plans for continued breastfeeding	LeAnn Fenton, RMC OB Department	6/2011
	Establish baseline data r/t breastfeeding longevity	LeAnn Fenton, RMC OB Department	6/2011
	Participate in the Breastfeeding Initiative collaboration between IDPH & Iowa hospitals	LeAnn Fenton, RMC OB Department	3/2011
	Join the Iowa Breastfeeding Coalition	LeAnn Fenton, RMC OB Department	6/2011

Goal	Strategies	Who is responsible?	When? (Timeline)
The up-to-date immunization rate of adolescents (13 - 15 y/o) will increase by 10% by December 2011. (Up-to-date immunized includes one TD/Tdap, three Hepatitis B, two MMR, two Varicella, one Meningococcal). Of the 72.4% of 13 - 15 y/o with immunizations documented in IRIS in 2009, 10% are up-to-date	Delaware County Public Health will continue to do recall of adolescents under their care for adolescent immunizations	Delaware County Public Health	2010 - currently doing
	Collaborate with school nurses from West Delaware, Maquoketa Valley, and Edgewood-Colesburg school districts to educate parents of adolescents on immunization standards, and where immunizations are available.	Delaware County Public Health	6/2011
	Regional Family Health Clinic will provide information/education to parents of adolescents at the time of athletic physicals on immunization standards	Regional Family Health Immunization Nurse	12/2011
	Regional Family Health Clinic will do recall of adolescents under their care for adolescent immunizations.	Regional Family Health Immunization Nurse	6/2013

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease the percentage of 11th grade youth who report binge drinking in the last 30 days of 31.5% and 4% for 8th graders by June, 2015. (2008 Iowa Youth Survey, 11th graders @ 35%, 8th graders @5%)	Decrease access to alcohol for overconsumption by: 1) educating alcohol license holders, sellers and servers on issues related to over-serving and overconsumption, and 2) implementing a "Students Who Host Campaign"	Delaware County Drug Abuse Coalition and Helping Services of NE Iowa	6/2011
	Decrease high community tolerance of binge drinking by: 1) developing and implementing campaign on responsible drinking, 2) engaging key community members in community coalitions including young adults, and 3) partnering with groups and businesses to develop policies and approaches to planning community festivals and events that decrease the focus on alcohol.	Delaware County Drug Abuse Coalition and Helping Services of NE Iowa	6/2011
	Decrease the gap between perception of harm and behavior of youth and young adults by: 1) promoting information regarding the effects of alcohol, including overconsumption of alcohol on athletic performance, and 2) providing information for parents and youth ages 17 - 22.	Delaware County Drug Abuse Coalition and Helping Services of NE Iowa	6/2011
	Raise awareness in the schools and community of services available to help remedy the problem of binge drinking, i.e. Substance Abuse Services Center, Abbe Center	Delaware County Drug Abuse Coalition and Helping Services of NE Iowa	6/2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Establish surveillance cameras through the 'Keep Iowa Beautiful' program at identified 'open dumping' sites in Delaware County to deter open dumping in these areas by June 2012.	Obtain financial support of \$900 - \$1,200 from the Delaware County Supervisors. 50% of cost is covered by Keep Iowa Beautiful Program and 50% is covered by the county.	Delaware County Public Health	7/2011
	Obtain support from Delaware County Sheriff's Department and the Delaware County Attorney	Delaware County Public Health	7/2011
	Apply to the 'Keep Iowa Beautiful' Program	DNR	12/2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Delaware County will have individuals complete the American Red Cross sheltering training by July, 2011.	Address sheltering initiative at the next DPIC meeting scheduled for the Fall 2010.	Delaware County Pandemic Influenza Committee (DPIC)	11/2010
	Compile suggestions of groups to address to recruit volunteers to be trained in sheltering.	Delaware County Pandemic Influenza Committee (DPIC)	3/2011
	Recruit DPIC volunteers to contact and inform groups of the need for sheltering volunteers.	Delaware County Pandemic Influenza Committee (DPIC)	7/2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Reconvene the Delaware County Fit for Life Coalition by July 1, 2011.	Revitalize Delaware County Fit for Life Coalition	Gary Drees and Joan Wessel RN??	6/2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Develop a taskforce and research the feasibility of a free acute care clinic for dental care.	Include lack of dental coverage among the issues to be discussed during Regional Medical Center's strategic planning process.	Jane Sherman	3/2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Form a local National Association for Mental Illness (NAMI) by July 1, 2012	Identify families and individuals who are interested in being involved in a local NAMI.	Delaware County Central Point of Coordination (CPC) & Community Circle of Care	7/2011
	Contact the Dubuque NAMI Chapter. Contacts are Mary Pat Breitfelder (563) 773-2767 & Cletus Gartner (563) 583-7192. Inquire about the possibility of doing a Family to Family class, or monthly educational classes. Ask for an invite to a Dubuque NAMI meeting to observe what they are doing.	Peggy Petlon, Delaware County CPC	7/2011